

August Menu

KLA Schools of Sweetwater



Monday	Tuesday	Wednesday	Thursday	Friday
				1 KLA CLOSED – PROFESSIONAL DEVELOPMENT
4 KLA CLOSED – PROFESSIONAL DEVELOPMENT	5 KLA CLOSED – PROFESSIONAL DEVELOPMENT	6 KLA CLOSED – PROFESSIONAL DEVELOPMENT	7 KLA CLOSED – PROFESSIONAL DEVELOPMENT	8 KLA CLOSED – PROFESSIONAL DEVELOPMENT
AM Snack: Fresh Fruit & Cheese stick 11 Lunch: Spaghetti with meat sauce v: Spaghetti with marinara; sweet corn; pineapple PM Snack: Turkey Roll-ups v: Cheese Roll-ups	AM Snack: Fresh Veggies & Ranch 12 Lunch: Chicken quesadillas v: Cheese quesadillas; mixed steamed vegetables, apple sauce PM Snack: Sunbutter & Jam Sandwich	AM Snack: Yogurt with Fresh Fruit 13 Lunch: Penne alfredo; steamed vegetables, fruit cocktail PM Snack: Sunbutter & Banana Roll-up	AM Snack: Fresh Veggies & Ranch 14 Lunch: Chicken nuggets v: Veggie nuggets; steamed green beans; pineapple and oranges PM Snack: Cheese & Whole Wheat Crackers	AM Snack: Yogurt with Fresh Fruit 15 Lunch: Grilled cheese sandwich; steamed mixed vegetables; sliced bananas PM Snack: Turkey Roll-ups v: Tortilla & Cheese Roll-ups
AM Snack: Fresh Fruit & Whole Wheat Crackers 18 Lunch: Sweet and sour chicken v: Veggie chicken with sauce; steamed mixed veggies; fruit cocktail PM Snack: Sunbutter & Jam Sandwich	AM Snack: Fresh Veggies & Ranch 19 Lunch: Cheese Tortellini, sweet corn; diced peaches PM Snack: Toasted Whole Wheat Bread & Applesauce	AM Snack: Yogurt with Fresh Fruit 20 Lunch: Bean and cheese taco; mixed steamed veggies; apple sauce PM Snack: Cheese Roll-ups	AM Snack: Sunbutter & Jam Sandwich 21 Lunch: Fish sticks; green beans, pineapple and oranges PM Snack: Fresh Veggies & Ranch	AM Snack: Fresh Fruit & Whole Wheat Crackers 22 Lunch: Turkey and Cheese sandwich v: cheese sandwich; steamed mixed veggies; sliced bananas PM Snack: Fresh Veggies & Cheese
AM Snack: Yogurt with Fresh Fruit 25 Lunch: Mac n cheese; steamed veggies; fruit cocktail PM Snack: Cheese & Whole Wheat Crackers	AM Snack: Yogurt with Fresh Fruit 26 Lunch: Bean and cheese taco; mixed steamed veggies; apple sauce PM Snack: Cheese Roll-ups	AM Snack: Fresh Veggies & Ranch 27 Lunch: Meatballs with brown gravy and pasta v: mac n cheese; steamed veggies; pineapple PM Snack: Whole Wheat Crackers & Cheese	AM Snack: Fresh Fruit & Veggie sticks 28 Lunch: Chicken nuggets v: Veggie nuggets; steamed green beans; pineapple and oranges PM Snack: Sunbutter & Jam Sandwich	AM Snack: Toasted Whole Wheat Bread & Applesauce 29 Lunch: Pepperoni pizza rolls v: cheese pizza rolls; steamed veggies; sliced bananas PM Snack: Fresh Veggies & Ranch

*Menu Subject to Change **KLA is a nut-free facility ***Water is served with each meal