

May Menu

KLA Schools of Sweetwater



Monday	Tuesday	Wednesday	Thursday	Friday
				AM Snack: Toast with jam 1 Lunch: Turkey & Cheese sandwich; steamed veggies; bananas; milk PM Snack: Cheese quesadillas
AM Snack: Fruit Smoothie 4 Lunch: Bean & Cheese tacos; mixed veggies; applesauce; milk PM Snack: Cheerios & Fresh Fruit	AM Snack: Black Bean quesadillas 5 Lunch: Penne alfredo; steamed veggies; mixed fruit PM Snack: Turkey & Cheese	AM Snack: Cheese quesadillas 6 Lunch: Mac n Cheese; steamed veggies; mixed fruit; milk PM Snack: Fresh Fruit & Crackers	AM Snack: Toast & applesauce 7 Lunch: Chicken Nuggets; green beans; pineapple & oranges; milk PM Snack: Cheese quesadillas	AM Snack: Animal crackers & Fresh Fruit 8 Lunch: Grilled Cheese Sandwich; steamed veggies; bananas; milk PM Snack: Whole Grain Fruit Bar
AM Snack: Cheese & Crackers 11 Lunch: Spaghetti with meat sauce; corn; peaches; milk PM Snack: Black Bean Dip with tortillas	AM Snack: Black Bean quesadillas 12 Lunch: Bean & Cheese tacos; mixed veggies; applesauce; milk PM Snack: Whole Grain Fruit Bar	AM Snack: Fruit smoothie 13 Lunch: Chicken & Rice casserole; steamed veggies; mixed fruit; milk PM Snack: Turkey & Cheese	AM Snack: Yogurt with Fruit 14 Lunch: Fish Sticks; green beans; pineapple & oranges; milk PM Snack: Waffles with jam	AM Snack: Unsweetened applesauce & crackers 15 Lunch: Grilled Cheese Sandwich; steamed veggies; bananas; milk PM Snack: Toast with jam
AM Snack: Fruit smoothie 18 Lunch: Chicken eggroll; steamed veggies; mixed fruit; milk PM Snack: Cheese quesadillas	AM Snack: Fresh Fruit & Crackers 19 Lunch: Cheese tortellini; corn; peaches; milk PM Snack: Waffles & Jam	AM Snack: Fresh Fruit & Crackers 20 Lunch: Chicken & Cheese quesadillas; steamed veggies; applesauce; milk <i>End of the year Classroom Parties</i>	AM Snack: Turkey & Cheese 21 Lunch: Chicken nuggets; green beans; pineapple & oranges; milk NO AFTERNOON SNACK EARLY RELEASE AT 3 PM	SCHOOL CLOSED STAFF TRAINING 
SCHOOL CLOSED MEMORIAL DAY 	AM Snack: Toast with jam 26 Lunch: Bean and Cheese tacos; mixed veggies; applesauce PM Snack: Whole Grain Fruit Bar	AM Snack: Cheerios & Fresh Fruit 27 Lunch: Mac n Cheese; steamed veggies; mixed fruit; milk PM Snack: Black Bean dip with tortillas	AM Snack: Unsweetened applesauce & Toast 28 Lunch: Fish Sticks; green beans; pineapple & oranges; milk PM Snack: Turkey & Cheese	AM Snack: Cheerios & Fresh Fruit 29 Lunch: Grilled Cheese sandwich; steamed veggies; bananas; milk PM Snack: Yogurt & Crackers

*Menu Subject to Change **KLA is a nut-free facility

Vegetarian lunch options are available and will be served for all dietary restrictions.

Whole milk is served to children age 1; ages 2-5 low/fat free milk.