

# NOVEMBER

KLA Schools of Sweetwater



Monday	Tuesday	Wednesday	Thursday	Friday
	<b>1</b> <b>KLA IS CLOSED</b>	AM Snack: Sunbutter & Banana Rollup <b>2</b>  Lunch: Spaghetti w/ Meat Sauce (v: Marinara), Corn, Pineapple  PM Snack: Fresh Fruit & Goldfish	AM Snack: Fresh Fruit, Graham Crackers <b>3</b>  Lunch: Fish Sticks (v: Veggie Nuggets), Green Beans, Mixed Fruit  PM Snack: Cheese, Pretzels	AM Snack: Fresh Fruit, Greek Yogurt <b>4</b>  Lunch: Grilled Cheese Sandwich, Garden Salad w/ Ranch, Bananas  PM Snack: Sunbutter & Jam Sandwich Bites
AM Snack: Sunbutter & Whole Wheat Crackers <b>7</b>  Lunch: Chicken & Rice Casserole (v: Veggie Chicken), Steamed Veggies, Pineapple  PM Snack: Fresh Fruit & Goldfish	AM Snack: Applesauce, Whole Wheat Toast <b>8</b>  Lunch: Mac-n-Cheese, Steamed Veggies, Peaches  PM Snack: Turkey & Cheese Rollup (v) Cheese Rollup	AM Snack: Fresh Fruit, Graham Crackers <b>9</b>  Lunch: Bean & Cheese Tacos, Steamed Veggies, Applesauce  PM Snack: Cheese, Pretzels	AM Snack: Fresh Fruit, Greek Yogurt <b>10</b>  Lunch: Chicken Nuggets (v: Veggie Nuggets), Green Beans, Oranges & Pineapple  PM Snack: Sunbutter & Jam Sandwich Bites	AM Snack: Sunbutter & Banana Rollup <b>11</b>  Lunch: Turkey & Cheese Sandwich (v: Cheese), Garden Salad w/ Ranch, Bananas  PM Snack: Snack Mix & Fresh Fruit
AM Snack: Applesauce, Whole Wheat Toast <b>14</b>  Lunch: Cheese Tortellini w/ Marinara Sauce, Corn, Peaches  PM Snack: Fresh Fruit & Goldfish	AM Snack: Fresh Fruit, Graham Crackers <b>15</b>  Lunch: Penne Alfredo, Mixed Veggies, Fruit Medley  PM Snack: Turkey & Cheese Rollup (v) Cheese Rollup	AM Snack: Fresh Fruit, Greek Yogurt <b>16</b>  Lunch: Beef Taquitos (v: Bean & Cheese Tacos), Mixed Veggies, Applesauce  PM Snack: Sunbutter & Jam Sandwich Bites	AM Snack: Sunbutter & Whole Wheat Crackers <b>17</b>  Lunch: Thanksgiving Luncheon  PM Snack: Snack Mix & Fresh Fruit	AM Snack: Sunbutter & Banana Rollup <b>18</b>  Lunch: Grilled Cheese Sandwich, Garden Salad w/ Ranch, Bananas  PM Snack: Cheese, Pretzels
AM Snack: Sunbutter & Whole Wheat Crackers <b>21</b>  Lunch: Chicken & Cheese (v: Cheese) Quesadillas, Steamed Veggies, Applesauce  PM Snack: Cheese, Pretzels	AM Snack: Fresh Fruit, Greek Yogurt, Graham Crackers <b>22</b>  <b>KLA Closes at 12pm- No Lunch Served</b>	<b>23</b> <b>KLA IS CLOSED</b>	<b>24</b> <b>KLA IS CLOSED</b>	<b>25</b> <b>KLA IS CLOSED</b>
AM Snack: Applesauce, Whole Wheat Toast <b>28</b>  Lunch: Spaghetti w/ Meat Sauce (v: Marinara), Corn, Pineapple  PM Snack: Sunbutter & Jam Sandwich Bites	AM Snack: Sunbutter & Banana Rollup <b>29</b>  Lunch: Bean & Cheese Tacos, Steamed Veggies, Applesauce  PM Snack: Snack Mix & Fresh Fruit	AM Snack: Fresh Fruit, Greek Yogurt <b>30</b>  Lunch: Sweet & Sour Chicken (v: Veggie Chicken), Steamed Veggies, Pineapples  PM Snack: Fresh Fruit & Goldfish		

\*Menu Subject to Change \*\*KLA is a nut-free facility \*\*\*Milk is served with AM Snack and Lunch; Water is served with each meal