

Monday	Tuesday	Wednesday	Thursday	Friday
2 Lunch: Rice with Beans + Lean Ground Meat + Green Beans <i>Petite Dessert:</i> Apples	3 Lunch: Mac & Cheese + Chicken + Broccoli <i>Petite Dessert:</i> Fruit Salad	4 Lunch Mashed Potato + Chicken + Sweet Plantains <i>Petite Dessert:</i> Watermelon	5 Lunch: Quinoa + Ground Turkey + Carrots with Corn <i>Petite Dessert:</i> Pineapple + Kiwi	6 Lunch: Spaghetti with Meatballs + Cauliflower <i>Petite Dessert:</i> Mandarin
9 Lunch: Meat Lasagna + Carrots with Corn <i>Petite Dessert:</i> Apples	10 Lunch: Mashed Potato + Salmon + Mixed Vegetables <i>Petite Dessert:</i> Mandarin	11 Lunch Pasta Primavera with Chicken + Broccoli <i>Petite Dessert:</i> Fruit Salad	12 Lunch: Oven Baked Potatoes + Beef Stew + Carrots with Peas <i>Petite Dessert:</i> Cantaloupe + Blueberries	13 Lunch: Rice with Garbanzo Beans + Chicken Nuggets + Cauliflower <i>Petite Dessert:</i> Pineapple + Kiwi
16 No School	17 Lunch: Rice with Corn+ Chicken Stew + Sweet Plantains <i>Petite Dessert:</i> Watermelon	18 Lunch Quinoa with Rice + Ground Turkey + Green Beans with Sweet Peas <i>Petite Dessert:</i> Cantaloupe + Blueberries	19 Lunch: Pasta Carbonara with Chicken + Broccoli <i>Petite Dessert:</i> Apples	20 Lunch: Mashed Potatoes + Meatballs + Mixed Vegetables <i>Petite Dessert:</i> Mandarin
23 Lunch: Pasta Bolognese (Ground Meat) + Carrots with Sweet Peas <i>Petite Dessert:</i> Mandarin	24 Lunch Rice with Corn + Orange Chicken + Cauliflower <i>Petite Dessert:</i> Fruit Salad	25 Lunch: Mac & Cheese + Chicken + Broccoli <i>Petite Dessert:</i> Watermelon	26 Lunch: Quinoa + Turkey Chili + Sweet Plantains <i>Petite Dessert:</i> Pineapple + Kiwi	27 Lunch: Yellow Rice + Steak Bites + Mixed Vegetables <i>Petite Dessert:</i> Apples
30 No School	31 Lunch: Spaghetti + Meatballs + Mixed Vegetables <i>Petite Dessert:</i> Pineapple + Kiwi			