

Child's Name: _____

Date: ____/____/____

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>LUNCH</p> <ul style="list-style-type: none"> • Pasta w/sauce • Turkey Meatballs • Mixed Vegetable • Fresh Fruit Mix 	<p>LUNCH</p> <ul style="list-style-type: none"> • Grilled Cheese Sandwich • Mixed Vegetable • Fresh Fruit Mix 	<p>LUNCH</p> <ul style="list-style-type: none"> • Chicken Tenders • Sweet Potato Fries • Mixed Vegetable • Fresh Fruit Mix 	<p>LUNCH</p> <ul style="list-style-type: none"> • French Toast • Turkey Sausage • Mixed Vegetable • Fresh Fruit Mix 	<p>LUNCH</p> <ul style="list-style-type: none"> • Cheese Pizza • Mixed Vegetables • Fresh Fruit Mix
<p>LUNCH</p> <ul style="list-style-type: none"> • Grilled Chicken • Rice Pilaf • Mixed Vegetable • Fresh Fruit Mix 	<p>LUNCH</p> <ul style="list-style-type: none"> • Macaroni & Cheese • Mixed Vegetables • Fresh Fruit Mix 	<p>LUNCH</p> <ul style="list-style-type: none"> • Chicken Tenders • Sweet Potato Fries • Mixed Vegetable • Fresh Fruit Mix 	<p>LUNCH</p> <ul style="list-style-type: none"> • Beef Hot Dog • Mixed Vegetable • Fresh Fruit Mix 	<p>LUNCH</p> <ul style="list-style-type: none"> • Fish Sticks • Tater Tots • Mixed Vegetable • Fresh Fruit Mix

Snacks will be served on a rotating basis and will include:

Pretzels, Goldfish, Veggie Chips, Granola Bars, Cheese-it Crackers, Apple Sauce, Yogurt, Hummus + Crackers.

Healthy Habits Start Here!

- Food that children like, served with fruits and vegetables.
- Dare to compare - no canned foods at KLA Schools
- Meals feature fresh fruit mix or whole fruit - no preservatives here!
- No juice! Meals are served with milk and water is encouraged all day long, as recommended by most dieticians.
- If your child has a dietary restriction, please speak with the Center Director.

- My child can have all menu items
- My child can only be served circled menu items
- Parent provides meals

Parent Signature

Date