

Experiences

Age Group: Four's

Proposal:	Make an obstacle course at home.
Materials:	<ul style="list-style-type: none">• Chairs• Cushions• Pillows• Toys• Blocks• Clothes hampers• Brooms• Tape or streamer
Milestones:	<ul style="list-style-type: none">• Problem solving• Listening skills• Creativity• Pretend play
Tips:	Make certain that you set up the obstacle course in an area free of fragile items. Allow the children to help set up if they wish. Adults can also pretend to be the audience and cheer on the children.

Proposal:	<p>Catching Shadows</p> <p>We invite you to set up a glass cup or mason jar with a little bit of water and place it on top of a white paper. Next place a flashlight or a phone lantern right on top of the cup, this will create a shadow effect all around the cup. Support the children in capturing the shadows through images.</p>
Materials:	<ul style="list-style-type: none">• Papers• Markers• Glass cup/mason jar• Flashlight/phone lantern
Milestone	<ul style="list-style-type: none">• Names some colors and some numbers• Understands the idea of counting• Starts to understand time• Remembers parts of a story• Understands the idea of "same" and "different"

Tips:	Along with your child trace the shadow and reflection casted. You can move the jar/cup and observe the movement the reflections casts.
-------	--

Proposal:	Create your own WORD JOURNAL! When you learn a new word, add it to your journal. Use the word in a sentence and illustrate your sentence! You can find words in books, conversations, movies, and a dictionary!
Materials:	<ul style="list-style-type: none"> • Make your very own journal out of folded paper. • Or you can purchase any journal/notebook • Books, Dictionary, TV shows or Movies
Milestones:	<ul style="list-style-type: none"> • Language and Literacy (Emergent Writing) • Sentence Structure • Communication and Vocabulary development
Tips:	Help you child recognize new words. Be vigilant in your daily life to bring awareness to this project. It can grow into a very fun family experience!

Proposal:	Use beads or recycled bottle plastic tops, and thread or yarn to bead a pattern or sequence. 1 bead, 1 bottle, 2 beads, 2bottle caps and so on. What other patter can you make?
Materials:	<ul style="list-style-type: none"> • Recycled bottle caps • Thread or yarn • Beads
Milestones:	<ul style="list-style-type: none"> • Engages in creating and recognizing patterns and sequences • Shows increased vocabulary and uses language for many purposes, such as: describing, requesting, commenting, greeting. • Number Sense: Demonstrates understanding of one-to-one correspondence; shows understanding of how to count and construct sets.
Tips:	You can open a whole/small opening on metal bottle caps or plastic bottle caps to bead.

Proposal:	<p>New Month Resolution!</p> <ul style="list-style-type: none"> • Set a goal for the new month • Create a calendar of the month • Write your goals in the calendar and countdown the days • How many goals did you reach this month?
Materials:	<ul style="list-style-type: none"> • Paper • Drawing Tools

	<ul style="list-style-type: none">○ Pens○ Markers○ Color Pencils● Scissors● Stickers (optional)
Milestones:	<ul style="list-style-type: none">● Mathematical Thinking (Number Sense)● Social Studies (Individuals & Groups)● Language and Literacy (Emergent Reading)
Tips:	Add special events to your monthly calendar!